



Healthy Living Spaces: Top 10 Hazards Affecting Your Health (Paperback)

By Daniel P Stih

HEALTHY LIVING SPACES, United States, 2010. Paperback. Book Condition: New. First and.. 221 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Create Homes, Offices, and Schools where: You Feel Great! Kids get better grades in School Businesses make more Money. Numerous studies have shown than being indoors affects our health and well-being. Mold, chemicals, and mystery toxins affect academic achievement in schools and productivity at work. Did you know: Bleach does not kill mold. Ozone type air-purifiers damage your lungs. Vinegar is the best anti-microbial in the world. Healthy Living Spaces is your guide to simple and effective ways to feel good indoors. There are many things affecting our health. Fortunately, ninety-percent can be avoided by looking at the Top Ten Hazards Affecting Your Health. Learn how to: Prevent and eliminate mold Allergen-proof your home Get a good night s sleep Daniel Stih is a certified mold inspector, indoor environmental consultant and aerospace engineer. In this book, Healthy Living Spaces, he takes you on a journey to create a healthier living space, be it your home, office or school.



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